

# Volunteer Café Menu

Monday, April 15, 2019

## **Lunch**

Garden Salad with Assorted Dressings

Assorted Sandwiches

    Smoked Turkey w/ Gouda

    Grilled Chicken BLT

    Ham & Swiss

Potato Salad

Assorted Individual Bags of Potato Chips

Assorted Cookies

## **Lunch – Special Dietary Needs Table**

Garden Salad with Assorted Dressings (GF, Veg)

Assorted Sandwiches

    Smoked Turkey w/ Gouda on GF Bread (GF)

    Seasonal Veggie Sandwich on GF Bread Assorted (GF, Veg)

Individual GF Snacks (GF, Veg)

Assorted GF Cookies and Brownies (GF, Veg)

## **Food Information**

Volunteers who require vegetarian or gluten free food can find it at the Special Dietary Needs Table located in the Volunteer Café which will be indicated by a large easel sign.

GF = Gluten Free

Veg = Vegetarian

Volunteers who ordered Kosher meals ahead of time can speak to the Special Dietary Needs point person located near the Special Dietary Needs table to pick up their meal.

There will be an ingredient list available onsite to help the Special Dietary Needs point person answer any questions about

## **Tuesday, April 16, 2019**

### **Breakfast**

Seasonal Sliced Fruit & Berries  
Assorted Danishes & Breakfast Breads  
Bacon, Egg & Cheese Burrito  
    Includes red and green salsa and sour cream  
Sausage, Egg & Cheese Burrito  
    Includes red and green salsa and sour cream  
Assorted Cereals w/ 2% and Skim Milk and Dairy Free Milk

### **Breakfast – Special Dietary Needs Table**

Assorted GF Cereals w/variety milks (including dairy free) (GF, Veg)  
Seasonal Sliced Fruit & Berries (GF, Veg)  
Egg, Cheese and Bacon Taco on GF Com Tortilla (GF)  
Egg and Cheese Taco, GF Corn Tortilla (GF, Veg)  
GF Oatmeal, Brown Sugar w/ Assorted Dried Fruits (GF)

### **Lunch**

Chicken Tortilla Soup  
Caesar Salad  
Chop Salad  
Assorted Sandwiches  
    Italian Cold Cut  
    Chicken Salad  
    Roast Beef  
    Caprese on Focaccia Bread ~Sides~  
Veggie Pasta Salad  
Kettle Chips  
Brownies  
Chocolate Cake

### **Lunch – Special Dietary Needs Table**

Vegetarian Tortilla Soup (GF, Veg)  
Caesar Salad (GF, Veg)  
Chopped Veggie Salad (GF, Veg)  
Veggie Pasta Salad (Veg)  
Caprese Salad on GF Bread (GF, Veg)  
Turkey on GF Bread (GF)  
Assorted GF Packaged Snacks (GF, Veg)  
Assorted GF Cookies (Choco Chip, Snickerdoodle) (GF, Veg)

## **Dinner**

Make Your own Salad Bar

Mixed Baby Greens, iceberg Lettuce

Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg

Shredded Mix Cheese, Parmesan Cheese

Chickpeas, Black Beans

Ranch, Balsamic, Italian and Oil & Vinegar

Assorted Rolls & Butter

GF Grilled Chicken Picatta

Bistro Vegetables

Cheddar Mashed Potato

Blueberry Bread Pudding

## **Dinner – Special Dietary Needs Table**

Make Your own Salad Bar (GF, Veg)

Mixed Baby Greens, iceberg Lettuce

Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg

Shredded Mix Cheese, Parmesan Cheese

Chickpeas, Black Beans

Ranch (Veg), Balsamic, Italian and Oil & Vinegar (GF, Veg)

Grilled Chicken Piccata (GF)

Roasted VEG Corn/Black bean Tart (Veg)

Roasted Potatoes (GF, Veg)

Grilled Veggies (GF, Veg)

Mixed Berry Mousse Shooters (GF, Veg)

## **Wednesday, April 17, 2019**

### **Breakfast**

Seasonal Sliced Fruit & Berries  
Assorted Danishes & Breakfast Breads  
Assorted Cereals w/ 2% and Skim Milk  
acon, Egg & Cheese Breakfast Croissant  
Sausage, Egg & Cheese Breakfast Croissant  
Egg & Cheese Breakfast Croissant

### **Breakfast – Special Dietary Needs Table**

Seasonal Sliced Fruit & Berries (GF, Veg)  
GF Pastries (GF, Veg)  
Assorted GF Cereals w/variety milks (including dairy free) (GF, Veg)  
Egg and Cheese on GF Bread (GF, Veg)  
Egg, Bacon and Cheese on GF Bread (GF, Veg)

### **Lunch**

Mimosa Salad w/ Ranch & Citrus Vinaigrette  
Chicken and Beef Fajitas  
Flour Tortillas and GF Corn Tortillas  
Mexican Rice  
Refried Beans  
Guacamole  
Mexican Cookies

### **Lunch – Special Dietary Needs Table**

Mimosa Salad (GF, Veg)  
Assorted Dressings - Ranch (Veg) & Citrus Vinaigrette Dressings (GF, Veg)  
Tofu Fajitas w/ GF Corn Tortillas (GF, Veg)  
Chicken Fajitas w/ GF Corn Tortillas (GF)  
Mexican Rice (GF, Veg)  
Refried Beans (GF, Veg)  
Guacamole (GF, Veg)  
Sliced Fruit Dessert (GF, Veg)

## **Dinner**

Iceberg Lettuce, Carrots, Tomatoes, Cucumbers, Onions, Cheese

Ranch and Italian Dressing

Chili Cumin Rubbed Rotisserie Chicken

Beef Brisket

Pecan Smoked Peppered Sausage

Barbecue Sauce Bar: Texas Whiskey, Jalapeno Tequila, Blueberry Beer, Coffee Maple and Chipotle Mustard

Barbecue Sauces

Tex-Mex Rice Bar

Yellow, Cilantro and Black Bean Rice

Chicken Tinga, Carne Asada, Mexican Squash Ranchero

Diced Tomatoes, Sour Cream

Roasted Corn w/Chili Lime Butter

Three Cheese Mac & Cheese

Mini Jalapeno Corn Muffins

Buttermilk Biscuits

Chocolate Bourbon Pecan Tart

Pineapple Upside Down Cake

## **Dinner – Special Dietary Needs Table**

Iceberg Lettuce, Carrots, Tomatoes, Cucumbers, Onions, Cheese (GF, Veg)

Ranch (Veg) and Italian Dressing (GF, Veg)

Smoked Tofu Baked Beans (Veg)

Rotisserie Chicken (GF)

Black Bean Burger (GF, Veg)

Lettuce, tomato, onion, pickles, sliced cheese, ketchup, mustard

Grilled Vegetable skewers with carrot habanero sauce (GF, Veg)

Yellow and Cilantro Rice (GF, Veg)

Black Bean Tinga, Mexican squash ranchero, diced tomatoes, sour cream (GF, Veg)

Roasted Corn with chili lime butter (GF, Veg)

Roasted herbed sweet potato streak fries (GF, Veg)

Gluten free biscuits with whipped butter (GF, Veg)

Strawberry Romanoff Shooters (GF, Veg)

## **Thursday, April 18, 2019**

### **Breakfast**

Assorted Breakfast Pastries  
Seasonal Fruit  
Scrambled Eggs  
Apple Wood Smoked Bacon  
Roasted Breakfast Potatoes  
Assorted Fruit Yogurt

### **Breakfast – Special Dietary Needs Table**

Scrambled Eggs (GF, Veg)  
Applewood Smoked Bacon (GF)  
Roasted Breakfast Potatoes (GF, Veg)  
Salsa (GF, Veg)  
Black beans (GF, Veg)  
Sliced Fruit (GF, Veg)  
Assorted Fruit Yogurt (GF, Veg)  
Assorted Gluten Free Pastries

### **Lunch**

Make Your own Salad Bar (GF, Veg)  
    Mixed Baby Greens, iceberg Lettuce  
    Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg  
    Shredded Mix Cheese, Parmesan Cheese  
    Chickpeas, Black Beans  
    Ranch (Veg), Balsamic, Italian and Oil & Vinegar (GF, Veg)  
BBQ Chicken with Coffee Maple BBQ Sauce  
Roasted Corn Cobettes  
Baked Beans  
Mustard Potato Salad  
Pecan Pie Tarts

### **Lunch – Special Dietary Needs Table**

Make Your own Salad Bar (GF, Veg)  
    Mixed Baby Greens, iceberg Lettuce  
    Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg  
    Shredded Mix Cheese, Parmesan Cheese  
    Chickpeas, Black Beans  
    Ranch (Veg), Balsamic, Italian and Oil & Vinegar (GF, Veg)  
BBQ Tofu (GF, Veg)  
BBQ Chicken (GF)  
Roasted Corn (GF, Veg)  
Southwestern Rice (GF, Veg)  
GF Cupcakes (GF, Veg)

## **Dinner**

Make Your own Salad Bar (GF, Veg)

Mixed Baby Greens, iceberg Lettuce

Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg

Shredded Mix Cheese, Parmesan Cheese

Chickpeas, Black Beans

Ranch (Veg), Balsamic, Italian and Oil & Vinegar (GF, Veg)

Spinach Stuffed Chicken with Red Pepper Sauce

Tilapia with Bur Blanc

Roasted Potatoes

Broccoli

Chocolate Cake

## **Dinner – Special Dietary Needs Table**

Make Your own Salad Bar (GF, Veg)

Mixed Baby Greens, iceberg Lettuce

Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg

Shredded Mix Cheese, Parmesan Cheese

Chickpeas, Black Beans

Ranch (Veg), Balsamic, Italian and Oil & Vinegar (GF, Veg)

Spinach Stuffed Chicken with Red Pepper Sauce (GF)

Vegetarian Beggars Purse w/ Cous Cous, Cheese and Vegetables (Veg)

Roasted Potatoes (GF, Veg)

Broccoli (GF, Veg)

Sliced Fruit & Berries (GF, Veg)

## **Friday, April 19, 2019**

### **Breakfast**

Assorted Breakfast Pastries  
Seasonal Fruit and Bananas  
Scrambled Eggs  
Breakfast Sausage  
Roasted Breakfast Potatoes  
Assorted Fruit Yogurt

### **Breakfast – Special Dietary Needs Table**

Scrambled Eggs (GF, Veg)  
Bacon (GF)  
Roasted Breakfast Potatoes (GF, Veg)  
Salsa (GF, Veg)  
Black beans (GF, Veg)  
Sliced Fruit (GF, Veg)  
Assorted Fruit Yogurt (GF, Veg)  
Assorted Gluten Free Pastries (GF)

### **Lunch**

Make Your own Salad Bar (GF, Veg)  
    Mixed Baby Greens, iceberg Lettuce  
    Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg  
    Shredded Mix Cheese, Parmesan Cheese  
    Chickpeas, Black Beans  
    Ranch (Veg), Balsamic, Italian and Oil & Vinegar (GF, Veg)  
Bowtie Pasta Salad with Peppers, Onions, Broccoli, Cucumber  
Pre-Made Sandwiches/Wraps  
    Smoked Turkey with Gouda  
    Grilled Chicken BLT  
    Tuna Salad Wrap  
    Seasonal Vegetable  
Kettle Chips and Kosher Pickles  
Horseradish Sauce, Deli Mustard and Mayo  
Minestrone Soup  
Baked Potato Soup  
Cookies  
Brownies



## **Lunch – Special Dietary Needs Table**

Make Your own Salad Bar (GF, Veg)

Mixed Baby Greens, iceberg Lettuce

Tomatoes, Diced Cucumber, Diced Onion, Carrots, Diced Hard Boiled Egg

Shredded Mix Cheese, Parmesan Cheese

Chickpeas, Black Beans

Ranch (Veg), Balsamic, Italian and Oil & Vinegar (GF, Veg)

3 Bean Salad (GF, Veg)

Pre-Made Sandwiches

Seasonal Veggies on GF Bread (GF, Veg)

Tuna Salad on GF Bread (GF)

Assorted GF Packaged Snacks (GF)

Kosher Pickles (GF, Veg)

Minestrone Soup (no Pasta) (GF, Veg)

Cookies (Choco Chip, Snickerdoodle) (GF, Veg)

**No Dinner Friday Night. Appetizers available at the Showcase Event.**

## **Saturday, April 20, 2019**

### **Breakfast**

Seasonal Sliced Fruit  
Assorted Danishes and Breakfast Breads  
Bacon, Egg and Cheese English Muffin  
Sausage, Egg and Cheese English Muffin  
Assorted Cereals with a variety of milk options

### **Breakfast – Special Dietary Table**

Bacon, Egg & Cheese Breakfast Sandwich on GF Bread (GF)  
GF Oatmeal w/Assorted Dried Fruit (GF, Veg)  
Assorted Sliced Fruit Platter  
Egg and Cheese Muffin (GF, Veg)  
Assorted GF Cereals with a variety of milk options (GF, Veg)

### **Lunch**

Mixed Green Salad w/ Cucumber, Tomato, Onion & Olives  
Croutons on Side and Served w/ Ranch & Balsamic Dressing  
Chicken Primavera Penne with Mixed Vegetables & White Wine Garlic Sauce  
Asparagus  
Garlic Breadsticks  
Italian Cream Cake

### **Lunch – Special Dietary Needs Table**

Mixed Green Salad w/ Cucumber, Tomato, Onion & Olives (GF, Veg)  
Croutons (Veg) on Side and Served w/ Ranch (Veg) & Balsamic Dressings (GF, Veg)  
Chicken Primavera Penne with Mixed Vegetables & White Wine Garlic Sauce (GF)  
Primavera Penne with Mixed Vegetables & White Wine Garlic Sauce (GF, Veg)  
Asparagus (GF, Veg)  
Garlic Breadsticks (Veg)  
GF Cookies (Choco Chip, Snickerdoodle) (GF)

### **Dinner – for volunteers still working onsite**

Salad Bar  
Cheese Pizza  
Pepperoni Pizza  
Meat Lovers Pizza  
Assorted Cookies and Brownies

### **Dinner – Special Dietary Needs Table**

Salad Bar  
GF Vegetarian Pizza (GF, Veg)  
GF Cheese Pizza (GF, Veg)  
GF Cookies (Choco Chip, Snickerdoodle) (GF, Veg)